1. Refresher
   Complete an approved DOT National Standard EMT-Basic Refresher (24 hours)

The EMT-Basic refresher course can be completed through two different options:

1) Traditional refresher course
   Completion of a 24 hour approved DOT National Standard Basic Refresher or CECBEMS approved refresher course.

2) Continuing education topical hours
   The EMT refresher may be completed by continuing education* and must include the following:
   • Preparatory ........................................ 1 hour
   • Airway ............................................... 2 hours
   • OB, Infants, Children ........................ 2 hours
   • Patient Assessment ................................. 3 hours
   • Medical/Behavioral ......................... 4 hours
   • Trauma ............................................ 2 hours
   • Elective .............................................. 8 hours
   TOTAL ................................................ 24 hours

*Some states require the traditional refresher course and will not accept continuing education hours. Please refer to your state’s particular requirements.

2. Additional EMS Related Continuing Education
   (48 hours)

The following are maximum hours per course that can be applied towards Additional EMS Related Continuing Education hours:
- A maximum number of 24 hours can be applied from any one topic area.
- Hour for hour credit can be applied for standardized courses (including, but not limited to, ABLS, ACLS, ALS, PHTLS, PALS, PEPP, etc.) and teaching EMS courses.
- A maximum number of 12 hours can be applied from each of the following courses: Teaching CPR, Emergency Driving, Dispatch Training.
- A maximum number of 24 hours can be applied from Distributive Education towards this section and must be state or CECBEMS approved.

3. CPR Certification

Submission of an approved CPR credential for the professional rescuer. Credential must be current through the March 31 expiration date. Verification may be in the form of an instructor’s signature on the re-certification form or copies of both sides of a current card.

Courses That Cannot Be Applied Towards Additional Continuing Education Hours:
- Clinical Rotations, CPR, First Responder Course, home study programs, instructor courses, management/leadership courses, performance of duty, preceptor hours, serving as a skill examiner, and volunteer time with agencies.

To obtain locations for continuing education, contact your state EMS office or local EMS training center.
To Re-certify You Need to:
1. Be actively working within an emergency medical service, rescue service, or patient health care facility using your EMT-Basic skills.
2. Complete all requirements.
3. Submit a completed certification application prior to March 31.
4. Demonstrate continued cognitive competency through continuing education or examination.

Continuing Education Option
Complete a total of 72 hours of education including:
• Completion of an approved 24 hour DOT National Standard EMT-Basic Refresher
• Completion of 48 hours of additional continuing EMS related education as outlined in this document
• Pay the $15 application fee at the time of submission of documentation

All continuing education hours, to include the refresher, must be completed within the current re-certification cycle. Education completed prior to your previous March 31 expiration date will NOT be accepted. If this is your first re-certification, only education completed after the date of the initial registration will be accepted. See reverse side for detailed re-certification requirements.

Exam Option
You may make one attempt to demonstrate continued cognitive competency by taking an examination (in lieu of documenting continuing education) within six months of your expiration date (October 1 through March 31).
• Log in to the NREMT website and complete an application for re-certification by examination
• Pay the $70 examination fee due prior to scheduling of exam

5. Maintain skills as verified by your Training Program Director, Director of Operations or Physician Medical Director. (Requires signature on your re-certification application validating competency of skills).
6. Obtain CPR certification at the appropriate level current to March 31.

Re-certification forms are mailed in November, prior to your expiration date. Returned forms must be postmarked no later than March 31.

How to Submit Your Re-certification Documentation
Once you’ve completed the continuing education requirements indicated in this brochure, you can submit re-certification documentation in two ways:
1. Complete the re-certification application you will receive in the mail, and mail it back to the NREMT with signatures and supporting documentation.
2. Go to www.nremt.org, fill out the on-line re-certification application, print it and mail it with signatures and supporting documentation.

Audits
The National Registry reserves the right to investigate re-certification materials at any time. You must retain verification of attendance of all education they acquire. Failure to submit verification or documentation when audited will result in denial of eligibility to re-certify.

Disciplinary Policy/Revocation of Certificates
NREMT has disciplinary procedures, rights of appeals, and due process within its policies. EMTs applying for registration or re-certification who wish to exercise these rights may contact NREMT for copies of the Disciplinary Procedures. Requests to appeal must be submitted within forty five (45) days of receipt of notice of the determination.

Reinstating Active Status from Inactive Status
To reinstate active status please consult the NREMT website.

Terms of Re-certification
In applying for re-certification, registrants agree to comply with all re-certification requirements, rules and standards of the NREMT. The registrant bears the burden of demonstrating and maintaining compliance at all times. The NREMT considers the individual to be solely responsible for his/her registration. Individuals must notify NREMT within 30 days, of change of mailing address. Change of mailing address can be made via our website: www.nremt.org. Individuals must notify the NREMT within 30 days of any felony convictions.
Individuals must notify the NREMT within 30 days of any disciplinary action taken by any state that has resulted in the following:
• Suspension, revocation, or expiration of state registration/license
• Termination of right to practice
• Voluntary surrender of state registration/license while under investigation

Thank you for your commitment to re-certification. NREMT certification gives you recognized credibility across the nation and demonstrates your desire to serve the public with the highest standards. Your certification will continue to serve you well during the course of your EMS career.

EMT-Basic Re-certification Requirements

National Registry of Emergency Medical Technicians® P.O. Box 29233 Columbus, OH 43229 614/888-4484 www.nremt.org Revised 3/08