# Emergency Medical Responder (EMR) Refresher Requirements

## Requirements

### 1. Refresher

Completion of an approved National Scope of Practice EMR Refresher Course OR Continuing Education (12 hours)

The EMR refresher course can be completed through two different options:

**(1)** Traditional refresher course

Completion of an approved National Scope of Practice EMR Refresher Course or CECBEMS approved refresher course.

**(2)** Continuing education topic hours

EMR refresher may be completed by continuing education* and must include the topic and hours listed below:

<table>
<thead>
<tr>
<th>Topics</th>
<th>Hours Required</th>
<th>Suggested Courses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preparatory</td>
<td>1 hour</td>
<td>Roles and Responsibilities, Well-being of the Emergency Medical Responder, Medical Direction, Quality Improvement, Personal Protection, Scene Safety, Medical/Legal, Human Anatomy, Lifting and Moving</td>
</tr>
<tr>
<td>Airway</td>
<td>2 hours</td>
<td>Basic Airway Management, Advanced Airway Management, Oxygen Delivery Systems and Techniques Adjuncts, Oxygen Therapy</td>
</tr>
<tr>
<td>Patient Assessment</td>
<td>2 hours</td>
<td>Scene Size-up, Initial Assessment, Vital Signs and History Taking, Assessment of Trauma Patients, Assessment of Medical Patients, Ongoing Assessment, Communications, Documentation</td>
</tr>
<tr>
<td>Circulation</td>
<td>3 hours</td>
<td>Management of Shock, Cardiac Emergencies, Bleeding/Wounds/Shock, CPR and Arrest Management</td>
</tr>
<tr>
<td>Illness &amp; Injury</td>
<td>3 hours</td>
<td>General Pharmacology, Respiratory Emergencies, Environmental Emergencies, Acute Abdominal Emergencies, Diabetic Emergencies, Allergic Reactions, Poisoning and Overdose, Behavioral Emergencies, Soft-Tissue Injuries, Musculoskeletal Injuries, Injuries to Head And Spine</td>
</tr>
<tr>
<td>Childbirth &amp; Children</td>
<td>1 hour</td>
<td>Obstetrical Emergencies, Gynecological Emergencies, Childbirth and Complications, Care of the Newborn, Assessing the Pediatric Patient, Medical Emergencies in Kids, Airway Management in Pediatrics, Trauma Emergencies and Care in Kids</td>
</tr>
</tbody>
</table>

**TOTAL** 12 hours

*Some states require the traditional refresher course and will not accept continuing education hours. Please refer to your state's particular requirements. A maximum number of 6 hours can be applied from Distributive Education towards this section and must be state or CECBEMS approved.

### 2. CPR Certification

Submission of an approved CPR credential for the professional rescuer. Credential must be current and valid. Verification may be in the form of an instructor's signature on the recertification application or copies of both sides of a current card.

To obtain locations for continuing education, contact your state EMS office or local EMS training center.

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**NATIONAL EMS CERTIFICATION**

**Recertification Requirements**

**Note:** A total of 12 hours of refresher education is required to recertify.

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**NOTE:** Hours from the following courses can be applied hour for hour with no maximum: EMS Course Instruction and Wilderness EMS Training.

**Courses That Cannot Be Applied Towards Additional Continuing Education Hours:** Clinical Rotations, CPR, home study programs, instructor courses, management/leadership courses, performance of duty, preceptor hours, serving as a skill examiner, and volunteer time with agencies.

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Thank you for your commitment to recertification. NREMT certification gives you recognized credibility across the nation and demonstrates your desire to serve the public with the highest standards. Your certification will continue to serve you well during the course of your EMS career.

If your employer requires you to maintain your National Registry certification, you must submit recertification materials to the NREMT for processing by July 15 (of the year your certification expires).

Recertification applications are mailed in June, prior to your expiration date. Completed applications must be postmarked no later than September 30 of the year your certification expires.

Recertification Application Options

Once you have completed the continuing education requirements indicated in this brochure, you can recertify in the following ways:

1. Log in to your NREMT account and use the online recertification process OR
2. Complete the recertification form you will receive in the mail OR
3. Download and complete a recertification form from the NREMT website.

To Apply for Recertification You Need to:

1. Be actively working within an emergency medical service, rescue service, or patient health care facility using your EMR skills.
2. Complete all recertification requirements.
3. Demonstrate continued cognitive competency through continuing education or examination.
4. Submit your completed recertification application prior to September 30 of the year your certification expires.

Continuing Education Option

• Complete a total of 12 hours of education
• Pay the $10 (U.S. funds) non-refundable application processing fee at the time of submission of documentation

All continuing education hours must be completed within the current recertification cycle. Education completed prior to your previous September 30 expiration date will NOT be accepted. If this is your first recertification, only education completed after the date of the initial certification will be accepted. See reverse side for detailed recertification requirements.

5. Maintain skills as verified by your Training Officer/Supervisor. (Requires signature on your recertification application validating competency of skills).
6. Obtain current CPR certification at the appropriate level.

Exam Option

The recertification by examination option enables you to demonstrate continued cognitive competency without requiring you to document your continuing education.

• Log in to your NREMT account. Complete a recertification by examination application and pay the exam fee. Be sure you are completing the recertification application (and not the initial certification application)
• After 24-48 hours, go to the NREMT website, log in to your account and print your Authorization to Test (ATT) letter. Follow the directions on the letter to schedule your exam
• Take and pass the exam between April 1 and September 30 (of the year your certification expires). You may make one attempt to demonstrate continued cognitive competency by taking an exam (in lieu of documenting continuing education). You will receive an abbreviated recertification application upon successful completion of the exam
• Return the abbreviated recertification application by September 30 (of the year your certification expires) with signatures and supporting documentation

All other recertification requirements (including felony statement, CPR, active affiliation/practice, verification of skills, etc.) must be met and verified.

Terms of Recertification

In applying for recertification, registrants agree to comply with all recertification requirements, rules and standards of the NREMT. The registrant bears the burden of demonstrating and maintaining compliance at all times. The NREMT considers individuals to be solely responsible for their certification. Individuals must notify the NREMT within 30 days of change of mailing address. Change of mailing address can be made via our website: www.nremt.org. Individuals must notify the NREMT within 30 days of any felony convictions.

Individuals must notify the NREMT within 30 days of any disciplinary action taken by any state that has resulted in the following:
• Suspension, revocation, or expiration of state registration/license
• Termination of right to practice
• Voluntary surrender of state registration/license while under investigation

Disciplinary Policy/Revocation of Certification

The NREMT has disciplinary procedures, rights of appeals, and due process within its policies. Individuals applying for certification or recertification who wish to exercise these rights may contact the NREMT for copies of the Disciplinary Procedures. Requests to appeal must be submitted within forty five (45) days of receipt of notice of a determination.

Audits

The NREMT reserves the right to investigate recertification material at any time. You must retain documentation of all continuing education. Failure to submit documentation when audited will result in denial of eligibility to recertify.

National Registry of Emergency Medical Technicians®
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www.nremt.org

The Nation’s EMS Certification™