ADVANCED EMT (AEMT) REFRESHER REQUIREMENTS

You may complete continuing education equivalent to a Refresher Course if one is not required by your state. You may count education received in lectures, standardized courses (such as ABLS, ACLS, EMPACT, PEPP, PALS, PHTLS, ITLS, etc.), college courses, in service training, case reviews, conferences, etc. Up to 10 hours of the refresher training can be by Distributive Education (online, video or magazine-based).

You must ensure that you cover every topic within the four divisions of the mandatory core content. You must also cover each of the five divisions of the flexible core content; however, you are **not** required to cover each topic.

MANDATORY CORE CONTENT

Airway, Breathing and Cardiology
6 hours
- Provide ventilatory support for a patient
- Attempt to resuscitate a patient in cardiac arrest
- Provide care to a patient experiencing cardiovascular compromise
- Provide post resuscitation care to a cardiac arrest patient

Medical Emergencies
2 hours
- Assess and provide care to a patient experiencing an allergic reaction
- Assess a patient with possible overdose
- Assess and provide care to a near-drowning patient

Trauma
4 hours
- Perform a rapid trauma assessment
- Assess a patient with a head injury
- Assess and provide care to a patient with suspected spinal injury
- Provide care to a patient with a chest injury
- Provide care to a patient with an open abdominal injury
- Provide care to a patient with shock/hypoperfusion

Obstetrics and Pediatrics
6 hours
- Assess and provide care to an infant or child with cardiac arrest
- Assess and provide care to an infant or child with respiratory distress
- Assess and provide care to an infant or child with shock/hypoperfusion
- Assess and provide care to an infant or child with trauma

18 hours

FLEXIBLE CORE CONTENT

Airway, Breathing and Cardiology
6 hours
- Assess and provide care for respiratory distress in an adult patient
- Use oxygen delivery system components
- Perform techniques to assure a patent airway
- Assess and provide care to a patient experiencing non-traumatic chest pain/discomfort

Medical Emergencies
4 hours
- Assess and provide care to a patient with an altered mental status
- Assess and provide care to a patient with a history of diabetes
- Assess and provide care to a patient experiencing a seizure
- Assess and provide care to a patient exposed to heat or cold
- Assess and provide care to a patient experiencing a behavioral problem
- Assess and provide care to a patient with suspected communicable disease

Trauma
1 hour
- Provide care to a patient with a painful, swollen, deformed extremity
- Assess and provide care to a patient with burn injury

Obstetrics and Pediatrics
6 hours
- Assess and provide care to an infant or child with suspected abuse or neglect
- Assess and provide care to an infant or child with a fever
- Assess and provide care for an obstetric patient
- Provide care to a newborn
- Provide care to a mother immediately following delivery of a newborn

Operational Tasks
1 hour
- Use body mechanics when lifting and moving a patient
- Communicate with a patient while providing care

18 hours

National Registry of Emergency Medical Technicians®
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Columbus, OH 43229
614/888-4484
www.nremt.org

The Nation's EMS Certification™

7/2011

ADVANCED EMT (AEMT)

HOW TO MAINTAIN YOUR NATIONAL EMS CERTIFICATION

Recertification Requirements

National Registry of Emergency Medical Technicians®
THE NATION'S EMS CERTIFICATION™

Supporting the National EMS Education Standards

ADVANCED EMT (AEMT) RECERTIFICATION REQUIREMENTS

Thank you for your commitment to recertification. NREMT certification gives you recognized credibility across the nation and demonstrates your desire to serve the public with the highest standards. Your certification will continue to serve you well during the course of your EMS career.

If your employer requires you to maintain your National Registry certification you must submit recertification materials to the NREMT for processing by February 15 (of the year your certification expires).

Recertification applications are mailed in November, prior to your expiration date. Completed applications must be postmarked no later than March 31 of the year your certification expires.

Recertification Application Options

Once you have completed the continuing education requirements indicated in this brochure, you can recertify in the following ways:

1. Complete the recertification form you will receive in the mail OR
2. Download and complete a recertification form from the NREMT website OR
3. Log in to your NREMT account and use the online recertification process.

To Apply for Recertification You Need to:

1. Be actively working within an emergency medical service, rescue service, or patient health care facility using your AEMT skills.

   If you wish to request Inactive Status and this is your first recertification, you must provide documentation that you have worked in a patient care setting for at least six months.
2. Complete all recertification requirements.
3. Demonstrate continued cognitive competency through continuing education or examination.
4. Submit your completed recertification application prior to March 31 (of the year your certification expires).

   Continuing Education Option

   Complete a total of 72 hours of education including:
   - Completion of an approved National Scope of Practice AEMT Refresher or continuing education covering the mandatory and flexible topics specified
   - Completion of 36 hours of additional continuing EMS related education as outlined in this document
   - Pay the $15 non-refundable application processing fee at the time of submission of documentation

   All continuing education hours, to include the refresher, must be completed within the current recertification cycle. Education completed prior to your previous March 31 expiration date will NOT be accepted. If this is your first recertification, only education completed after the date of the initial registration will be accepted. See reverse side for detailed recertification requirements.
5. Maintain skills as verified by your Physician Medical Director. (Requires original or electronic signature on your recertification application validating competency of skills).
6. Obtain current CPR certification at the appropriate level.

   Exam Option

   The recertification by examination option enables you to demonstrate continued cognitive competence without requiring you to document your continuing education.
   - Log in to your NREMT account. Complete a recertification by examination application and pay the exam fee. Be sure you are completing the *recertification* application (and not the initial certification application)
   - After 24-48 hours, go the NREMT website, log in to your account and print your Authorization to Test (ATT) letter. Follow the directions on the letter to schedule your exam
   - Take and pass the exam by March 15 (of the year your certification expires). You will receive an abbreviated recertification application upon successful completion of the exam
   - Return the abbreviated recertification application by March 31 (of the year your certification expires) with signatures and supporting documentation

   All other recertification requirements (including felony statement, CPR/ACLS certification, active affiliation/practice, verification of skills, Physician Medical Director signature, etc.) must be met and verified.

   You may make one attempt to demonstrate continued cognitive competency by taking an examination (in lieu of documenting continuing education) within six months of your expiration date (October 1 through March 15).

Terms of Recertification

In applying for recertification, registrants agree to comply with all recertification requirements, rules and standards of the NREMT. The registrant bears the burden of demonstrating and maintaining compliance at all times. The NREMT considers individuals to be solely responsible for their certification. **Individuals must notify the NREMT within 30 days of a change in mailing address.** Change of mailing address can be made via our website: www.nremt.org. **Individuals must notify the NREMT within 30 days of any felony convictions.**

Individuals must notify the NREMT within 30 days of any disciplinary action taken by any state that has resulted in the following:
- Suspension, revocation, or expiration of state registration/license
- Termination of right to practice
- Voluntary surrender of state registration/license while under investigation

Disciplinary Policy/Revocation of Certification

The NREMT has disciplinary procedures, rights of appeals, and due process within its policies. Individuals applying for certification or recertification who wish to exercise these rights may contact the NREMT for copies of the Disciplinary Procedures. Requests to appeal must be submitted within forty five (45) days of receipt of notice of a determination.

Audits

The NREMT reserves the right to investigate recertification material at any time. You must retain documentation of all continuing education. **Failure to submit documentation when audited will result in denial of eligibility to recertify.**

Requirements	NOTE: A total of 72 hours of EMS education is required to recertify.
1. Refresher Completion of an approved National Scope of Practice AEMT Refresher Course OR Continuing Education (36 hours)	The AEMT refresher can be completed through two different options: **(1) Traditional refresher course** Completion of an approved 36 hour National Scope of Practice AEMT Refresher or CECBEMS approved refresher courses.* **(2) Continuing education topic hours** AEMT refresher may be completed by continuing education** and must include both mandatory and flexible content. See the reverse side for more information. **A maximum number of 10 hours can be applied from Distributive Education (online, video, or magazine-based) towards this section and must be state or CECBEMS approved.* ***Some states require the traditional refresher course and will not accept continuing education hours. Please refer to your state's particular requirements.*
2. Additional EMS Related Continuing Education (36 hours)	The following are maximum hours per course that can be applied towards Additional EMS Related Continuing Education hours: • A maximum number of 18 hours can be applied from any one topic area • A maximum number of 16 hours can be applied from each of the following courses: ABLS, ACLS, EMPACT, PEPP, PALS, PHTLS, ITLS, etc. and teaching EMS courses • A maximum number of 12 hours can be applied from each of the following courses: Teaching CPR • Emergency Driving • Dispatch Training • A maximum number of 18 hours can be applied from Distributive Education (online, video, or magazine-based) towards this section and must be state or CECBEMS approved **College Courses** A maximum number of 18 hours can be applied for college courses that relate to your role as an EMS professional (for example, but not limited to: anatomy, physiology, biology, chemistry, microbiology, pharmacology, psychology, sociology, statistics, etc.)
3. CPR Certification	Submission of approved CPR credential for the professional rescuer. Credential must be current and valid. Verification may be in the form of an instructor's signature on the recertification application or copies of both sides of a current card.

To obtain locations for continuing education, contact your state EMS office or local EMS training center.

Hours from the following courses can be applied hour for hour with no maximum: Advanced Trauma Life Support, EMS Course Instruction, and Wilderness EMS Training.

Courses That Cannot Be Applied Towards Additional Continuing Education Hours: Clinical Rotations, CPR, First Responder Course, home study programs, instructor courses, management/leadership courses, performance of duty, preceptor hours, serving as a skill examiner, and volunteer time with agencies.