

Paramedic Refresher Requirements Mandatory Core Content

In lieu of a traditional refresher course, you may complete this section with Continuing Education Hours. This must cover each of the following topics under each category, consisting of 24 hours of Mandatory Core Content and 24 hours of Flexible Core Content, totaling 48 hours.

You must ensure that you have received education covering all topics within the Mandatory Core Content along with the specified hours for the sections below. You may obtain these topics through a variety of formats, including lectures, simulated skill presentations, case or run review discussions, conference attendance or via a formal state-approved course. Distributive education may be used as a part of the Mandatory or Flexible Core Content for up to 10 hours. Please refer to the NREMT website www.nremt.org for more information pertaining to distributive education.

Airway, Breathing and Cardiology

- 8 hours**
- Provide ventilatory support for a patient
 - Attempt to resuscitate a patient in cardiac arrest
 - Provide care to a patient experiencing cardiovascular compromise
 - Provide post resuscitation care to a cardiac arrest patient

Medical Emergencies

- 3 hours**
- Assess and provide care to a patient experiencing an allergic reaction
 - Assess a patient with possible overdose
 - Assess and provide care to a near-drowning patient

Trauma

- 5 hours**
- Perform a rapid trauma assessment
 - Assess a patient with a head injury
 - Assess and provide care to a patient with suspected spinal injury
 - Provide care to a patient with a chest injury
 - Provide care to a patient with an open abdominal injury
 - Provide care to a patient with shock/hypoperfusion

Obstetrics and Pediatrics

- 8 hours**
- Assess and provide care to an infant or child with cardiac arrest
 - Assess and provide care to an infant or child with respiratory distress
 - Assess and provide care to an infant or child with shock/hypoperfusion
 - Assess and provide care to an infant or child with trauma

24 hours

Paramedic Refresher Requirements Flexible Core Content

You must ensure that you have received education covering the topics within the Flexible Core Content. You are not required to receive education on all topics within that division. You must meet the number of hours that are listed for that division. You may obtain these topics in the same method as listed for the Mandatory Core section. You must complete the requirements of both Mandatory Core Content and Flexible Core Content to fulfill the refresher requirements.

Airway, Breathing and Cardiology

- 8 hours**
- Assess and provide care for respiratory distress in an adult patient
 - Use oxygen delivery system components
 - Perform techniques to assure a patent airway
 - Assess and provide care to a patient experiencing non-traumatic chest pain/discomfort

Medical Emergencies

- 5 hours**
- Assess and provide care to a patient with an altered mental status
 - Assess and provide care to a patient with a history of diabetes
 - Assess and provide care to a patient experiencing a seizure
 - Assess and provide care to a patient exposed to heat or cold
 - Assess and provide care to a patient experiencing a behavioral problem
 - Assess and provide care to a patient with suspected communicable disease

Trauma

- 1 hour**
- Provide care to a patient with a painful, swollen, deformed extremity
 - Assess and provide care to a patient with burn injury

Obstetrics and Pediatrics

- 8 hours**
- Assess and provide care to an infant or child with suspected abuse or neglect
 - Assess and provide care to an infant or child with a fever
 - Assess and provide care for the obstetric patient
 - Provide care to the newborn
 - Provide care to the mother immediately following delivery of a newborn

Operational Tasks

- 2 hour**
- Use body mechanics when lifting and moving a patient
 - Communicate with a patient while providing care

24 hours

Paramedic

Re-registration Requirements



**National Registry of
Emergency Medical Technicians®**
THE NATION'S EMS CERTIFICATION™

www.nremt.org



Accredited by the National Commission for Certifying Agencies

Give your input on the future of EMS.
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Paramedic Re-registration Requirements

To re-register your certification you need to:

1. Be actively working within an emergency medical service, rescue service, or patient health care facility using your ALS skills.
2. Complete all educational requirements prior to March 31.
3. Complete the re-registration report in its entirety and submit the completed report prior to March 31.
4. Complete a total of 72 hours of Continuing Education to re-certify, which includes:
 - Complete an approved DOT National Standard Paramedic Refresher
 - Complete 24 hours of **additional** continuing EMS related education as outlined in this document
 - Obtain CPR certification at the appropriate level current to March 31
 - Obtain ACLS certification equivalent to current AHA guidelines

See reverse side for detailed re-registration requirements.

5. Maintain skills as verified by your Physician Medical Director. (Requires signature on your re-registration application validating competency of skills).
6. Submit re-registration application processing fee (non-refundable) of \$20.00.

Re-registration forms are mailed in November, prior to your expiration date. Returned forms must be postmarked no later than March 31.

EMTs requiring a National Registry card to work must submit re-registration materials to the NREMT by mid-February of the year of expiration date.

All continuing education hours, to include the refresher, must be completed within the current re-registration cycle. Education completed prior to your previous March 31 expiration date will NOT be accepted. If this is your first re-registration, only education completed after the date of the initial registration will be accepted.

Audits

The National Registry reserves the right to investigate re-registration material at any time from the registrant. Registrants must retain verification of attendance of all education they acquire. Failure to submit education when audited will result in denial of eligibility to re-register.

Disciplinary Policy/Revocation of Certificates

NREMT has disciplinary procedures, rights of appeals, and due process within its policies. EMTs applying for registration or re-registration who wish to exercise these rights may contact NREMT for copies of the Disciplinary Procedures. Requests to appeal must be submitted within forty five (45) days of receipt of notice of the determination.

Reinstating Active Status from Inactive Status

To reinstate active status please consult the NREMT website.

Terms of Re-registration

In applying for re-registration, registrants agree to comply with all re-registration requirements, rules and standards of the NREMT. The registrant bears the burden of demonstrating and maintaining compliance at all times. The NREMT considers the individual to be solely responsible for his/her registration. Individuals must notify NREMT, within 30 days, of change of mailing address. Change of mailing address can be made via our website: www.nremt.org. Individuals must notify the NREMT, within 30 days, of any felony convictions.

Individuals must notify the NREMT, within 30 days, of any disciplinary action taken by any state that has resulted in the following:

- Suspension, revocation, or expiration of state registration/license
- Termination of right to practice
- Voluntary surrender of state registration/license while under investigation

How to Re-register

Once you've completed the continuing education requirements indicated in this brochure, you can re-register in 2 ways:

1. Complete the re-registration form you will receive in the mail.
2. Go to www.nremt.org, fill out the on-line registration form, print it and mail it with signatures.

REQUIREMENTS	NOTE: A total of 72 hours of EMS education is required to re-register. Requirements for re-registration are listed below.	
<p>1. Refresher</p> <p>Complete an approved DOT National Standard EMT-Paramedic Refresher</p> <p>48 hours</p>	<p>The Paramedic refresher course can be completed through two different options:</p> <p>(1) Traditional refresher course</p> <p>Completion of an approved 48 hour DOT National Standard Paramedic Refresher or CECBEMS approved refresher course.</p> <p><i>*Some states require the traditional refresher course and will not accept continuing education hours. Please refer to your state's particular requirements.</i></p> <p><i>**A maximum number of 10 hours can be applied from Distributive Education towards this section and must be state or CECBEMS approved.</i></p>	<p>(2) Continuing education topical hours</p> <p>Paramedic refresher may be completed by continuing education* and must include both mandatory and flexible content. See the reverse side for more information.</p>
<p>2. Additional Continuing Education Hours</p> <p>Additional EMS related Continuing education</p> <p>24 hours</p>	<p>The following are maximum hours per course that can be applied towards Additional Continuing Education hours:</p> <ul style="list-style-type: none"> ■ A maximum number of 12 hours can be applied from any one topic area. ■ A maximum number of 16 hours can be applied from each of the following courses: <ul style="list-style-type: none"> • ABLS • ACLS • AMLS • BTLS • NALS • PALS • PEPP • PHTLS • PPC • AE ■ A maximum number of 12 hours can be applied from each of the following courses: Teaching CPR • Emergency Driving • Dispatch Training. 	<ul style="list-style-type: none"> ■ A maximum number of 12 hours can be applied from Distributive Education towards this section and must be state or CECBEMS approved. <p>College Courses</p> <p>The following are maximum hours per college course that can be applied towards additional continuing education hours:</p> <ul style="list-style-type: none"> ■ A maximum number of 12 hours can be applied from: <ul style="list-style-type: none"> • Anatomy • Cellular Biology • Chemistry • Microbiology • Pharmacology • Physiology • Psychology ■ A maximum number of 3 hours can be applied from Communications and Sociology.
<p>3. ACLS</p>	<p>Submission of approved ACLS equivalent to current AHA Guidelines for CPR and ECC. Credential must be current through March 31. Verification may be in the form of a card or certificate.</p>	
<p>4. CPR Certification</p>	<p>Submission of approved CPR credential for the professional rescuer. Credential must be current through the March 31. Verification may be in the form of an instructor's signature on the re-registration form or copies of both sides of a current card.</p>	

To obtain locations for continuing education, contact your state EMS office or local EMS training center.

Hours from the above courses can be applied hour for hour with no maximum: Advanced Trauma Life Support, Refresher Course Instruction, and Wilderness EMS Training.

Courses That Cannot Be Applied Towards Additional Continuing Education Hours: Clinical Rotations, CPR, First Responder Course, Home Study Programs, Instructor Courses, Management/Leadership Courses, Performance of Duty, Preceptor Hours, Serving as a skill examiner, and Volunteer time with agencies.